



Sustainable Home Away from Home

Howdy, Ags! This month marks the beginning of the fall semester! As you prepare for classes and get settled into your home away from home consider the ways you can be more sustainable. This issue of the Res Life Sustainability Newsletter covers ways you can do just that in just about every room of your apartment or residence hall!

Bedroom

- Use blackout curtains to improve your sleep quality and keep your room cool when the Texas heat sets in.
- Relaxing in your room during the day? Open your curtains and let in sunshine to boost your mood and reduce your electricity consumption from overhead lights.
- Make sure you've got the right sheets for your bed. Opt for warmer fabrics like flannel in the winter months to keep you warm and cotton in the summer to keep you cool.

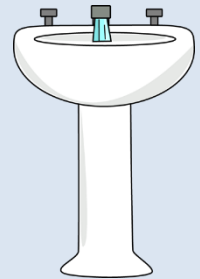
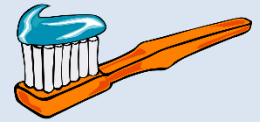


Living Room

- Keep the blinds closed when you're not in the room to keep it cooler. Open them when you're home to let in natural light!

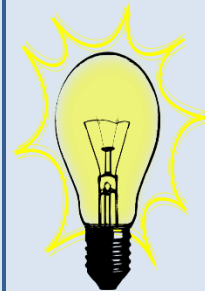
Bathroom and Laundry Room

- Leaky faucet or showerhead? Report it to maintenance ASAP to keep from wasting water.
- Wash clothes in cold water to reduce energy consumption and keep them looking new longer!
- Turn off the faucet while you're brushing your teeth.
- Take shorter showers to save water.



Throughout Your Space

- Use LED lightbulbs to be more energy efficient.
- Add plants to your space! They filter out toxins from the air and have been shown to reduce stress.



Kitchen

- Turn off and unplug appliances you're not currently using
- Only run the dishwasher if it's completely full
- Washing dishes by hand? Fill up the sink rather than letting the faucet run.
- When going shopping bring a grocery list so you don't purchase food you can't eat before it spoils. Also take a reusable shopping bag!

Other Sustainability Tips

- Don't forget to toss all unwanted cardboard into the cardboard corrals set up throughout campus.
- Go to <http://reslife.tamu.edu/living/sustainability/> to see where the recycling containers are in your building!
- Download the Eco Aggies app from Joulebug to keep track of your sustainable habits.

Get in Contact with Res Life Sustainability

Email: sustainability@housing.tamu.edu

Instagram: Texas A&M Residence Life

Facebook: Aggies Going Green

Twitter: @TAMUResLife

Want to get our newsletter emailed directly to you?

Email sustainability@housing.tamu.edu to learn more!

Sustainability Events in August*:

August 1st – The 12th Can Food Pantry open 12–4:30pm

*Specifics & additional events at reslife.tamu.edu/living/sustainability/