1. Move mattress away from the side of the bed that is to get the guard rail. Note the hooks on the guard rail. Point them toward the bed and lay the guard rail down on the bed spring (picture 1).

2. Slide the hooks at each end around the inside edge of the steel spring side rail (picture 2).

3. Stand the guard rail upright and ensure each hook is securely connected (picture 3).

4. Slide mattress back in place. The mattress keeps the guard rail in the upright position (picture 4).

5. Guard rail should be used on each side of the bed spring unless one side of the bed is against the wall.

6. Guard rails are meant to keep students from rolling out of bed under normal sleep conditions. They are not be used for climbing into bed.